



**DC BODYWORKS**  
THERAPEUTIC MASSAGE



**DONNELLY**  
CHIROPRACTIC

## CONFIDENTIAL HEALTH INTAKE FORM FOR MASSAGE THERAPY

NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: (\_\_\_\_) \_\_\_\_\_ OCCUPATION: \_\_\_\_\_

WHAT IS YOUR PRIMARY REASON FOR YOUR APPOINTMENT?: \_\_\_\_\_

*PLEASE CIRCLE THE APPROPRIATE ANSWER TO THE FOLLOWING QUESTIONS  
AND PROVIDE CLARIFICATION, IF NECESSARY, ON THE LINE PROVIDED.*

Do you have any medical conditions?	<u>No</u>	<u>Yes</u>	
Are you currently taking any medications? If yes, please list.	<u>No</u>	<u>Yes</u>	
Do you have any allergies or skin conditions?	<u>No</u>	<u>Yes</u>	
Are you currently under the care of a physician or health care provider?	<u>No</u>	<u>Yes</u>	
Do you exercise regularly or manage your stress in other ways?	<u>No</u>	<u>Yes</u>	
Have you had any recent surgery?	<u>No</u>	<u>Yes</u>	
Do you have or have you ever had cancer?	<u>No</u>	<u>Yes</u>	
Do you have any heart conditions?	<u>No</u>	<u>Yes</u>	
Do you have high or low blood pressure?	<u>No</u>	<u>Yes</u>	
Do you have varicose veins, blood clots, or any circulatory problems?	<u>No</u>	<u>Yes</u>	
Do you have diabetes? Type I or Type II?	<u>No</u>	<u>Yes</u>	
Do you experience migraine headaches or frequent tension headaches?	<u>No</u>	<u>Yes</u>	
Do you have any spinal problems?	<u>No</u>	<u>Yes</u>	
Do you have arthritis? If so, where is it located and what type?	<u>No</u>	<u>Yes</u>	

**PLEASE COMPLETE REVERSE →**

Do you have an infection or contagious disease?	<u>No</u>	<u>Yes</u>	
Are you currently experiencing a sleep disorder?	<u>No</u>	<u>Yes</u>	
Are you pregnant? If so, how far along?	<u>No</u>	<u>Yes</u>	
Do you wear contact lenses, a hearing aid, dentures or a wig?	<u>No</u>	<u>Yes</u>	

*The following is a list of possible contraindications for massage. Please check to see if you have any of these conditions. If so, it may be necessary for us to have written permission from your physician before providing massage therapy in some of these circumstances.*

Acute Bronchitis/Emphysema (COPD)	Thrombosis (blood clot)
Acute Lupus	Acute Rheumatoid Arthritis
Cellulitis	Arteriosclerosis
Cystitis/Nephritis (bladder/kidney infection)	Coronary Artery Disease
Gout Arthritis	Glomerulonephritis
Hepatitis	Hemolytic Anemia
Septic Arthritis	Shingles
Tuberculosis	

*I understand that the massage therapy given through DC Bodyworks at Donnelly Chiropractic is for the purposes of stress reduction, relief from muscular tension or spasm, and/or increased circulation and energy flow. I understand that the massage therapy given here is not a substitute for medical examination or diagnosis and it is recommended that I see a physician for any physical ailment I might have. I have stated all my known medical conditions and take it upon myself to keep DC Bodyworks and Donnelly Chiropractic informed of any changes to my medical condition or physical health.*

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_